



BRANCHES



PAINT BRANCH UNITARIAN UNIVERSALIST CHURCH
Affirming and promoting the inherent worth and dignity of every person since 1954

August 2012

SUNDAYS AT 10:00 AM

Families with young children are invited to sit in front for a better view until the Sing-away Song.

Nursery Care in Room 5 from 9:45-12:45
Refreshments and Fellowship after the service
Adult Enrichment Hour from 11:45-12:45

August 5

Blessing of the Animals

Claire Boston, Worship Associate
Naoko Maeda, Guest Pianist

Jim Flaherty provides a time for us to reflect on the animals with which we share our planet and our homes, and on this day, even our church. Well-behaved animals may come to church! We encourage all to take care of themselves and families in deciding if you or your children will attend this service, especially if you have allergies. A special collection will be taken for Kids Cafe of the Capital Area Food Bank (please see page 4).

August 12

Deceit and Self-Deceit

Celinda Marsh, Worship Associate
Naoko Maeda, Guest Pianist

The Quest discussion group, led by Lowell Owens, will share with us insight gained from their recent discussion on this topic. Newcomers may meet with the Minister in her office after Sunday service from 11:30 am to 12:30 pm.

August 19

Try Throwing Socks

Ken Redd, Worship Associate
Naoko Maeda, Guest Pianist

Minister Diane Teichert returns to the pulpit. Musings on conflict resolution styles in a Beloved Community. Today is Signing Sunday – for those who are ready to join the church, meet Diane at the chalice after the postlude.

August 26

Energy Efficiency

John Sebastian, Worship Associate
Naoko Maeda, Guest Pianist

Tabitha Pierzchala will show us how we can reduce our drain on natural resources, reduce our carbon footprint and save money, all at the same time.



"I'd put my money on the sun and solar energy. What a source of power! I hope we don't have to wait 'til oil and coal run out before we tackle that."

~ Thomas Edison (1847–1931)

**TELL A FRIEND, CO-WORKER, OR NEIGHBOR ABOUT ONE GOOD THING THAT HAPPENED FOR YOU AT PBUUC
AND INVITE THEM TO COME WITH YOU ON A SUNDAY!**

Table of Contents

August 2012 Sunday Services	Page 1	Special Collection for August 5	Page 4
		Next SAC Meeting Date	Page 4
Table of Contents	Page 2	In and Around Paint Branch	Page 5
Note to Our Readers	Page 2	Photography Exhibit	Page 5
The Minister's mUUsings	Page 3	Takoma Park Folk Festival	Page 5
Religious Exploration	Page 3	Emma's Revolution Concert to benefit UULM-MD	Page 5
Board of Trustees Column	Pages 3-4	Spirit of Life Center	Page 6
Social Action Committee (SAC) News	Page 4	Leadership Directory	Page 7
Special Collections Update	Page 4		



Note to Our Readers:

SUBMISSION OF ARTICLES FOR BRANCHES: All submissions for inclusion in Branches, beginning with the September issue, should be submitted by email to: branches@pbuuc.org.

The Leadership Directory, now listed on the last page, will contain names only. For more contact information, please consult your Membership Directory. All submitted articles will contain phone numbers for contact if listed. You may choose to list your email address only as a point of contact.

Editorial Guidelines

- The deadline for submission of articles and other content to Branches is on the **20th day of every month**, except during the holidays. Mary Dancy is currently acting as coordinator of text and graphics for the newsletter.
 - * Articles should be submitted in their final form and content should be **250 words or less**. Please submit the name of the author and any other contact information as necessary. **Reminder: Articles significantly over the 250 word limit may be returned to the author for re-editing.**
- The deadline for submission of articles and other content to appear in the Sunday Order of Service bulletin is **every Wednesday at 12 noon**.
 - * Articles should be submitted in their final form and content should be 120 words or less. Please include day, date, location, time, and contact information.

All deadlines are now on the web calendar. Go to www.pbuuc.org.

Scroll down to "This Week" and click on "More Upcoming Events."

Click on the Calendar grid to the left to advance to the next month.

The Minister's mUUsings...



Diane is on vacation in Australia at the time of the July 20 Branches deadline. She will be back to work on August 6, attend the service on August 12 and meet with newcomers in her office after the service, and lead worship on August 19. Until then, for pastoral needs, please be in touch with a Pastoral Care Associate (Lynn Johnson, Mike McMenamin and Will Snyder).

Religious Exploration

I return from vacation August 1, but not in time to meet the July 20 Branches deadline.

The Summer Fun program, for (roughly) ages 5-10, continues to be coordinated by Tabitha Pierzchala and Karine Bouis-Towe. Child care is available on Sundays from 9:45 - 12:45 for ages infant to toddler.

Hope to see you soon!

Erica Shadowson

Director of Religious Exploration



Board of Trustees Column



At this writing, the Executive Committee and I are planning the first meeting of the 2012-2013 Board of Trustees, to be held on July 25. Thanks to the guidance provided by the excellent examples of former BOT Chairs and to

the support of both Vice-Chairs and Trustees, the logistics of planning are not as daunting as I might have anticipated.

In anticipation of the new Church Year, beginning in September, the BOT is busily attending to the details of the Oshixay Home-Schooling Cooperative lease, and to the first practical steps in unfolding the work of the Site Improvement Task Force. I want to gratefully acknowledge the initiative and work of Karine Bouis-Towe, as well as that of former BOT Co-Chair Susannah Schiller and former BOT Trustee Peter Wathen-Dunn in the first of these efforts, and of the Site Improvement Task Force (Karine Bouis-Towe, Lowell Owens, Tricia Most, and Marguerite Summers), in the second.

Watch this space for further developments!

The Board of Trustees will hold its Summer Retreat the first Friday evening and Saturday of August. In this official kick-off of the Board year, we will be talking about multiculturalism, BOT support of committees, clubs, interest groups, etc., in the church, and much more. We will also continue to mine the depths of Eric Wikstrom's *Serving With Grace: Lay Leadership as Spiritual Practice*, a book which has given us new ways of looking at our service to the church over the past two years. Rumor has it that someone I admire is interested in starting a book-study on this gem in the next year.

The Board of Trustees holds OPEN Executive Committee meetings and Board of Trustees meetings. Typically the Executive Committee meeting, at which the agenda for the Board of Trustees meeting is finalized, is held on the THIRD Tuesday of each month, (usually in the Minister's

(continued on next page)

Board of Trustees Column continued

Office), and the full Board of Trustees meeting is held in Room 4 of the RE Building on the FOURTH Wednesday of each month (these dates change in June, November, and December). We welcome visitors; if you wish to request an item be added to the agenda, please let the Chair or one of the Vice-Chairs know no later than the Monday before the Executive Committee meeting, or come to the meeting; if you wish to observe or to speak to an item on the agenda, come to the BOT meeting

itself. For more information about visiting the BOT meetings, click on the following link: <http://www.pbuuc.org/bot/visitors.php>.

On behalf of your 2012-2013 Board of Trustees: Don Gerson and Charles Towe, Vice-Chairs, and Trustees Evangeline Wells, Alice Tyler, Don Henderson, Mark Shute, and Don Mitchell, I wish you all the best!

Michael Léger

Chair, Board of Trustees

Social Action Committee (SAC) News

Special Collections Update

Thanks for your generosity during the special collection taken on Sunday, July 8 for Community Crisis Services, Inc. (CCSI), which provides year-round support to those in need in Prince George's County. The total collection was **\$404!**

Special Collection for Capital Area Food Bank's Kids Cafe on Sunday, August 5

There are over 200,000 children and teens at risk of hunger in the metro area. The Capital Area Food Bank (CAFB) started the Kids Cafe program in 1998 as a way to address the growing needs of the youth in our community. Kids Cafe is a national program of **Feeding America** that provides after-school and summer meals to children ages 5-18. For more information about the Capital Area Food Bank and Kids Cafe, go to <http://www.capitalareafoodbank.org/programs/kids/>.

The special collection for Sunday, August 5 will help support this critical program. Checks may be made payable to: **Capital Area Food Bank**. Please write **Kids Cafe** on the memo line.

REMEMBER: Mark Your Calendars For

Saturday, September 29

For the Social, Racial, and Earth Justice Kick-Off!

Join us at this important annual gathering as the Diversity/Anti-Racism Transformation Team (DARTT), the Green Sanctuary Team, and the Social Action Committee host a

stimulating and exciting day for Paint Branchers. You'll learn more about the activities of each of these important Paint Branch teams from speakers and break-out sessions where you'll be able to help look ahead and plan the year's activities. You will also be able to indicate where your interests lie for social justice activities.

Plans are to gather in the Meeting House in the morning, have lunch together and then move to the RE Building for the afternoon – with child care provided for the whole day. More details will follow as planning is done over the summer by these three teams. But for now – please remember to put Saturday, September 29 on your calendar – as we live our UU values in social justice causes!

*Submitted by Nancy Boardman, Chair
Social Action Committee*

SAC will resume its regular schedule of meetings beginning on Saturday, **September 15, from 10am to 12 noon**, in Room 1 of the RE Building.

However, a summer meeting may be set for planning purposes for the Annual Social, Racial, and Earth Justice Kick-Off. Notification by email will be sent when meeting date has been determined.

In and Around Paint Branch

Photography Exhibit in Meeting House for Summer

When you are in the Meeting House for Sunday service, this summer, please take a moment to view the stunning photography exhibit by Jim Tetro, a professional architectural photographer from the Washington, DC area. Jim has embraced the use of digital media since he began using it and now he uses it exclusively for his professional and personal work. His photographs will be at PBUUC through Labor Day week-end.



Takoma Park Folk Festival

Coming in September!



Takoma Park will be celebrating its annual folk festival on Sunday, **September 9**, from 10:30 am to 6:30 pm at the Takoma Park Middle School in Takoma Park, Maryland.

For this event, Peter Dowling, PBUUC member, has reserved a community table for PBUUC's use. The festival

which will feature a multitude of delicious ethnic foods, the Grassy Nook Children's Stage, handcrafted items from area and local artisans, and exciting live musical and dance performances. This is a great opportunity for the Paint Branch community to come together for fun and to get the word out about our church and important local political issues we support, such as the passage of Marriage Equality legislation and the Maryland Dream Act. Both pieces will be up for a referendum vote on the November ballot.

There is an urgent need for volunteers to staff the table and provide information about PBUUC, its mission, and the social justice issues we support. You will also have an opportunity to meet and talk to local political candidates.

For more detailed information about the festival program go to: <http://www.tpff.org/>. If you are interested in volunteering for this fun event, please contact Peter Dowling at dowtit@gmail.com.



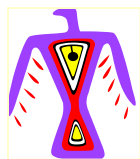
SAT SEPT 29 8pm

**"Say Yes! To
Marriage Equality &
The DREAM Act"**

Benefit concert for Unitarian Universalist
Legislative Ministry of Maryland (UULM – MD)

Unitarian Universalist Church of Annapolis
333 Dubois Rd

\$25 gen admission /\$18 student or low income
\$50 sponsor (reception & preferred seating)
Info: [410-266-8044](tel:410-266-8044) ext. 111 & info@uulmmd.org
www.uulmmd.org
www.emmasrevolution.com



Spirit of Life Center

Paint Branch Unitarian Universalist Church
3215 Powder Mill Road, Adelphi, MD 20783
Web: www.pbuuc.org Phone: (301) 937-3666

Spirit of Life Center is the place for the neighborhood community to come together to experience, learn and enjoy simple activities through a variety of classes and workshops. Join us to explore and grow your own spirituality, health, and community through an open and accepting environment of friends.

Meditation Workshop: by Lynn Johnson/David Howard/Raman Pathik. **Saturday 9:30am-11:00am.** Understand yourself and gain inner clarity and use the power of your Imagination to create what you want in your life.

(Suggested donation \$5.00/ requested)

Laughter Yoga-mix Class: by Tina McCloud. **Saturday 9:30am-10:30am.** A fun and gentle yoga mix of breathing, poses, stretches, meditation, and laughter therapy. All physical levels are welcome, as we are able to modify any limitations (mat, floor, wheel-chair) or skill levels. No experience necessary. (Suggested donation \$10/class or \$32/4 classes)

Quality of Life Workshop: by Raman Pathik. **Saturday 11:00 am-12:30 pm.** Explore the meaning of quality of life for you and develop a blueprint to implement better habits that will improve balance in your life. Experience how to connect with your true self, nature, your family, your community, your finances, your body, health and the world. (Suggested donation \$5.00 requested)

The Artist in You Circle: by Jane Trout. • **Hiatus until the fall** • Artists of all levels are invited to work in an open studio. Inspiration and encouragement from fellow artists, an opportunity to explore your own inner artist and maybe an occasional field trip to a museum or show. Artists will provide their own materials and clean up. (Suggested donation \$5.00 requested)

Zumba Class: by Shawna Webster. **Saturday 11:00am-12:00pm.** An exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning class that's moving millions of people toward joy and health. Suggested donation \$10/class or \$32/4 classes)

Dancing Within Class: by Sharon Werth. **Thursday 6:45pm-7:45pm.** The Dancer in You! Discover the movement that is in your body. Let the dance of your inner spirit out! No experience necessary. Please note day change. (Suggested donation \$10/class or \$32/4 classes)

Try a six week commitment to improve your Quality of Life and cultivate new habits: Donations of \$150.00 for all: Quality of Life Workshop (6 sessions), Meditation Workshop (6 sessions), Laughter Yoga Mix or Zumba or Dancing Within Classes (6 sessions), and Simplicity Circle Workshops (6 sessions)

The Spirit of Life Center offers a summer camp special for families during July and August on Saturdays 9:00AM – 1:00 PM

Adults can choose from the following activities:

- * Quality of Life workshop (6 sessions) 11:00AM- 12:30PM
- * Meditation workshop 9:30AM-11:00AM
- * Laughter yoga mix class 9:30-10:30AM
- * Zumba class 11:00AM-12:00PM
- * Simplicity circle workshop (6 sessions) 11:00AM-1:00PM
- * Child care for babies and toddlers. 9:00-1:00PM

Older children can choose from the following activities:

- * Laughter yoga mix class 9:00AM-9:30AM
- * Story telling class 9:30AM-10:30AM
- * Nature walk class 10:30AM-11:30AM
- * Zumba class 12:00PM-12:45PM
- * Breathing Meditation Workshop TBA

Suggested donation of \$150.00 each month for the whole family or \$40.00 each week for the whole family.

Individual classes and workshops are available at a suggested donation of \$10.00/class and \$5.00/workshop.

Pre-registration requested.

PBUUC Leadership Directory

☞ Staff ☞

Please contact the Church Office at [301-937-3666](tel:301-937-3666) for Staff listed.

Minister	Rev. Diane Teicher
Music Director & Pianist	David Chapman
Director, Religious Exploration	Erica Shadowsong
Religious Exploration Assistant	Kweli Powell
Church Administrator	Barbara J. Morton
Administrative Assistant	Chuck Bury
Bookkeeper	Debra McCann
Director, Chalice Dancers	Sharon Werth
Sunday Service/Bldg. Mgrs:	
	Chuck Bury
	Jesse Crowley
	Chris Eby
Child Care:	Beth Judy

☞ Officers and Board of Trustees ☞

Chair	Michael Léger
Vice chair	Don Gerson
Vice chair	Charles Towe
Trustee	Don Henderson
Trustee	Mark Shute
Trustee	Evangeline Wells
Trustee	Alice Tyler
Trustee	Don Mitchell
Trustee	Vacant
Secretary	Melody Lawrence
Treasurer	Marcie Washburn
Asst. Treasurer	Marilyn Pearl

☞ Pastoral Care Associates ☞

Lynn Johnson
Teresa Meeks
Mike McMenamin

☞ We Care Coordinators ☞

Esther Nichols
Jeri Holloway
Allison Hughes
Iris Peabody
Gloria "Genie" Van Pelt

☞ Worship Associates ☞

Claire Boston (2011-12)
Celinda Marsh (2011-14)
Don Mitchell (2009-12)
Marilyn Pearl (2011-12)
Ken Redd (2011-14)
John Sebastian (2010-13)
Carol Carter Walker (2010-13)

☞ Committees ☞

Adult Religious Education	Michael Léger *
Arts Council	Pat Tompkins
Budget Leadership Team	Mark Shute
Buildings & Grounds	Lee Dudek
DARTT (co-chairs)	Tricia Most
	Carol Carter Walker
Denominational Affairs	Kweli Powell
Finance	Kate Brett
Green Sanctuary	Penny O'Brien
	Karine Bouis-Towe
Legacy Fund	Ken Redd
Leasing Team	Church Office
Membership	TBD
Ministry	Wendy Schlegel
Nominating	Jonathan Mawdsley
Personnel	Will Snyder
Religious Exploration (Co-chair)	Tabitha Pierzchala
Social Action	Matt Elliott
Spirit of Life Center	Nancy Boardman
Stewardship	Raman Pathik
Visual Arts	Sherry Mitchell
*Temporary	Jane Trout

☞ Groups and Activities ☞

Archivist	Rebecca Birnie
Auction	Carol Carter Walker
	Theresa Shute
Bookstore	Carol Carter Walker
Bridge	Penny O'Brien
Chalice Dancers	Wendy Schlegel
Choir	David Chapman
Coffee Coordinator	Raman Pathik
Community Café	Esther Nichols
Ethnic Dinners	Marilyn Pearl
Facebook Page	Ken Montville
Handcraft Circle	Marj Donn
Head & Heart History	Kweli Powell
Marriage Enrichment	Don Fairfield
Mediation Program	David Haberman
Men's Group	Peter Wathen-Dunn
Moms of Young Ones	Renée Katz
Mystery Book Club	Kathy Kearns
Nature Spirituality Circle	Tabitha Pierzchala
Quest Discussion Group	Lowell Owens
Poetry Out Loud	Shantida
Shamanic Journeying	Mary Tyrtle Rooker
Simplicity Circle	Raman Pathik
Spirituality Circle	Amy Steiner
TWedHUULK	Marge Owens
Ushers	Esther Nichols
Warm Nights	John Bartoli
Webmaster	Mark Shute

PAINT BRANCH UNITARIAN UNIVERSALIST CHURCH

3215 POWDER MILL ROAD

ADELPHI, MD 20783-1030

(301) 937-3666

WEBSITE: WWW.PBUUC.ORG

EMAIL: CHURCHADMIN@PBUUC.ORG

Check here if you no longer wish to receive this mailing and return to PBUUC